

Size Charts

Ladies Sizing: Sized in dress sizes (Chart 1)

Order Size		08	10	12	14	16	18	20	22	24	26
Bust	cm	79 - 83	84 - 87	88 - 91	92 - 96	97 - 101	102 - 106	107 - 111	112 - 117	118 - 123	124 - 129
	ins	31 - 31.5	33 - 34	34.5 - 36	36 - 38	38 - 40	40 - 42	42 - 43.5	44 - 46	46.5 - 48.5	49 - 51
Waist	cm	61 - 65	66 - 69	70 - 73	74 - 78	79 - 83	84 - 88	89 - 93	94 - 99	100 - 105	106 - 111
	ins	24 - 24.5	26 - 27	27.5 - 29	29 - 30.5	31 - 32.5	33 - 34.5	35 - 36.5	37 - 39	39.5 - 41	42 - 43.5
Hips	cm	84 - 88	88 - 92	93 - 96	97 - 101	102 - 106	107 - 111	112 - 117	118 - 123	124 - 129	130 - 135
	ins	33 - 34.5	35 - 36	36.5 - 38	38 - 40	40 - 42	42 - 43.5	44 - 46	46.5 - 48.5	49 - 51	51 - 53

Ladies Tunics and Dresses: Sized in centimetres (Chart 2)

Order Size		080	084	088	092	096	100	104	108	112	120	128	136
Bust	cm	80	84	88	92	96	100	104	108	112	120	128	136
	ins	31.5	33	34.5	36	38	39.5	41	42.5	44	47.5	50.5	53.5
Waist	cm	61	65	69	73	77	81	85	89	93	101	109	117
	ins	24	25.5	27	28.5	30	32	33.5	35	36.5	39.5	43	46
Hips	cm	86	90	94	98	102	106	110	114	118	126	134	142
	ins	34	35.5	37	38.5	40	42	43.5	45	46.5	49.5	53	56

Mens Tunics, Trousers and Workwear also Unisex Chefs Jackets (Chart 3)

Order Size		068	072	076	080	084	088	092	096	100	104	108	112	116	124	132	140
Chest/ Waist	cm	68	72	76	80	84	88	92	96	100	104	108	112	116	124	132	140
	ins	27	28.5	30	31.5	33	34.5	36	38	39.5	41	42.5	44	45.5	49	52	55

Unisex Scrub Suits (Chart 4)

Order Size		XS	S	M	L	XL	XXL
Dress Size		6 - 8	10 - 12	14 - 16	18 - 20	22 - 24	26 - 28
Chest/ Bust	cm	76 - 81	86 - 91	96 - 102	107 - 112	117 - 122	127 - 132
	ins	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52
Waist	cm	61 - 66	71 - 76	81 - 86	91 - 96	102 - 107	112 - 117
	ins	24 - 26	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46
Collar	cm	34 - 35	36 - 37	38 - 39	40 - 41	43 - 44	45 - 46
	ins	13 - 13.5	14 - 14.5	15 - 15.5	16 - 16.5	17 - 17.5	18 - 18.5

Tabards (Chart 5)

Order Size		S	M	L	XL
Bust	cm	80 - 88	92 - 100	104 - 112	116 - 124
	ins	31.5 - 34.5	36 - 39.5	41 - 44	45.5 - 49

Boater and Hatbands (Chart 6)

Order Size		S	M	L	XL
cm		54 - 55	56 - 57	58 - 59	60 - 61
ins		21.25-21.5	22 - 22.5	22.75 - 23	23.5 - 24

Unisex Polo Shirts, Sweatshirts, T-Shirts and Fleece Jackets (Chart 7)

Order Size		XS	S	M	L	XL	XXL	XXXL	XXXXL
Chest/ Bust	cm	92	96	102	107 - 112	117	122	127 - 132	137
	ins	36	38	40	42 - 44	46	48	50 - 52	54

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